

**Tuesday
October 25, 2022**

**Recreation
Department**

**Wellness Center Updates,
Programming and Upcoming
Holiday Events**

Presented by

*Milt Stowe, Interim Director of
Recreation Services and*

*Stephanie Orosco, Administrative
Secretary*



**Lindsay
Wellness
Center**

Completed Facility Upgrades

- Decluttering of kitchen, lobby, lifeguard room, sea train, miscellaneous storage areas
- Installation of additional shelving throughout the facility

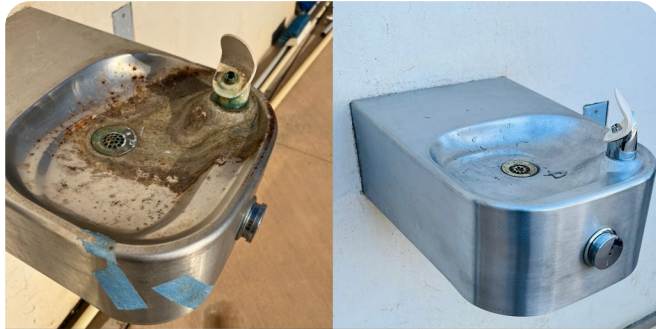
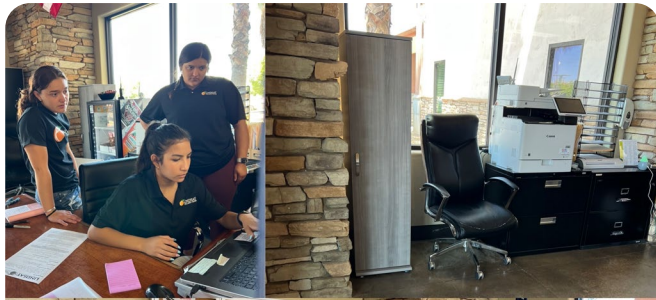




Completed Facility Upgrades

- Outside tree trimming, removal of dead trees, landscaping
- Broken windows replaced
- Perimeter fencing re-secured
- Pest control
- Carpet cleaning, gym floor steaming, great room floor polishing
- Paint touch ups in great room and facility

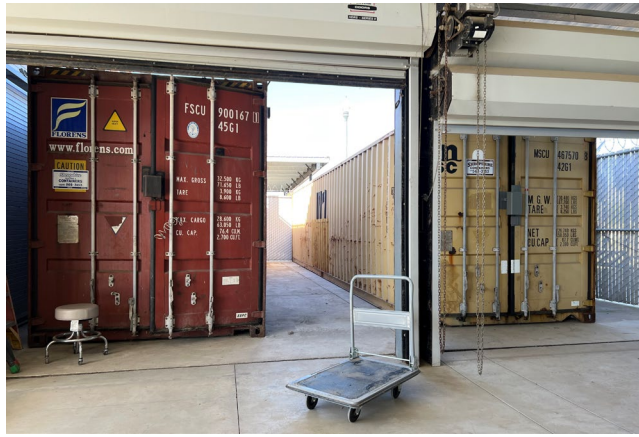




Completed Facility Upgrades

- New lobby design/layout
- Ceiling panel replacement
- Replacement of broken LED lights
- Pool deck refinishing
- Outdoor water fountain repair/restore
- Design upstairs room to serve as a dedicated employee workspace and break area





Other Completed Projects

- New water heaters installed and received final inspection and approval
- Additional sea train purchased to store facility chairs and tables, out of the elements
- Oven, stove, and hood cleaned and inspected; now fully operational



Software Updates

- Transition from old membership software to cloud-based club management software underway
- Staff training in progress
- New software includes:
 - Online scheduling, management, and membership system for fitness center, recreation programs, facility rentals, and more
 - Employee management (time clock, scheduling, and more)
 - New point-of-sale system
 - Member app
 - Online registration



LED MARQUEE

- LED marquee OPTEC software uploaded to current facility computers
- Staff training on utilizing OPTEC software and updating sign
- Streetside marquee now updated with correct facility hours and info, can add city events

EZFacility



The leader in
personal training
management software

Grow your business and increase revenue with EZFacility's online scheduling, management, and membership system for gyms, fitness centers, sports facilities and more.

Capital Outlay Projects in Process

Retrofitting current lighting with LED lights

**Obtaining quotes for VFD (Variable Frequency Drive)
Pool Pump**

Planning for large pool replaster (2022/2023)



New Fitness Classes

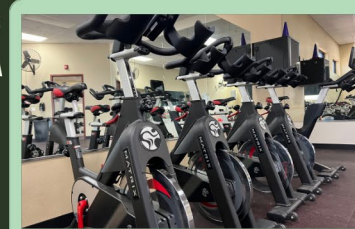


INDOOR CYCLE CLASS



THURSDAYS
5:15 - 6:00 PM

With Marisol



ABOUT CLASS

Group exercise class on a stationary bike that allows you to increase or decrease pedal resistance. Intensity adapted to suit all fitness levels.

ABOUT CLASS

Balances focused, high-intensity movements with restorative stretches, rhythmic breathing and meditation. Using exercise drumsticks, the workout guides you through deeply intentional rhythmic journey designed to promote the health and fitness, mentally, physically, and emotionally.

POUND unplugged

THURSDAYS 6:15 - 6:45 PM

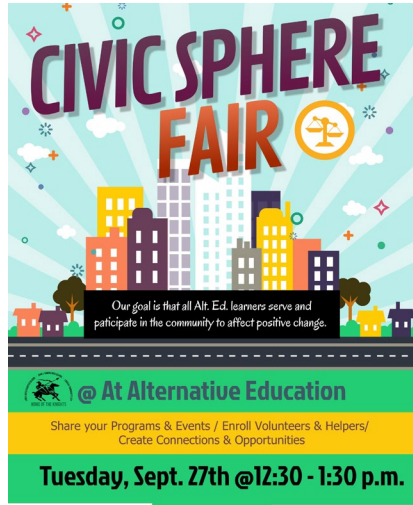


a workout designed for your mental health

Events

Student Outreach, Lindsay Unified School District

All Hallows Reads, Lindsay Library



For more information, email
alexisg@lindsay.k12.ca.us

290 N. Harvard
Lindsay, 93247



1849 E TULARE RD, LINDSAY, CA

ALEXISG@LINDSAY.K12.CA.US



October 27th, 2022

LINDSAY  WELLNESS CENTER

 LINDSAY
CHAMBER OF COMMERCE

1ST ANNUAL
**PUMPKIN
CARVING
PARTY**

BRING YOUR OWN
PUMPKIN, OR CALL AHEAD
TO RESERVE:
(559) 562-5196
(LIMITED QUANTITIES AVAILABLE,
ONE PER CHILD)

OCTOBER 27TH
5:30 P.M. - 7:30 P.M.
860 N Sequoia
Lindsay, CA 93247

SEE YOU THERE!

LINDSAY  WELLNESS CENTER

 LINDSAY
CHAMBER OF COMMERCE

1ER ANUAL
**FIESTA DE
TALLADO
DE
CALABASAS**

TRAIGA SU PROPIA
CALABAZA, O LLAME PARA
RESERVAR UNA:
(559) 562-5196
(CANTIDADES LIMITADAS DISPONIBLES,
UNO POR NIÑO)

27 DE OCTUBRE DE 2022
5:30 P.M. - 7:30 P.M.
860 N Sequoia
Lindsay, CA 93247

¡TE VEO ALLÍ!

November 1st-26th, 2022

Collection Sites:

Lindsay Wellness Center

- 860 N. Sequoia Avenue

Lindsay City Hall

- 251 E. Honolulu

Lindsay Healthy Start Family
Resource Center

- 400 E. Hermosa

Share The Warmth

WINTER COAT DRIVE

Please help children in need by donating clean new or gently used winter items that can last them through winter

ACCEPTING:
COATS, GLOVES, SCARVES,
NEW SOCKS & BLANKETS

NOVEMBER 1st-26th, 2022

Drop-Off Locations:

LINDSAY WELLNESS CENTER
860 N. SEQUOIA, LINDSAY, CA 93247 (559) 562-5196



HEALTHY START FAMILY
RESOURCE CENTER

400 E. HERMOSA ST.
LINDSAY, CA 932477

For Additional
Information



LINDSAY CITY HALL

251 E. HONOLULU
LINDSAY CA 93247

559-562-5196
Stephanie Orosco

3er Annual

SORTEO DE PAVO Y

COMIDA

AUTO-SERVICIO



Domingo, 13 de Noviembre, 2022

LINDSAY  WELLNESS CENTER

Estacionamiento

10:00 a.m.

Comida gratis y artículos de divulgación

***mientras duren las reservas**



Las donaciones en dinero pueden hacerse a nombre de:
Lindsay Foothill Rotary
P.O. Box 1375, Lindsay CA 93247

3rd Annual

Turkey Drive-Thru

Food Giveaway



Sunday, November 13, 2022

LINDSAY  WELLNESS CENTER

Parking Lot

10:00 a.m.

Free food and outreach items

***While Supplies Last**



Monetary donations can be made out to:
Lindsay Foothill Rotary
P.O. Box 1375, Lindsay CA 93247

Sunday, November 13th, 2022

YOU ARE INVITED.



Small Business Saturday Mixer



LINDSAY
CHAMBER OF COMMERCE

LINDSAY  **WELLNESS
CENTER**

Saturday, November 26th
Lindsay Wellness Center

For the Future

Add daytime programming geared toward seniors at the Lindsay Wellness Center

On-Site Mental Health Resources and Support Groups

Proposing the addition of pickleball courts to the facility